

# 2010 Lifest

July 7-11, 2010  
Sunnyview Expo Center • 500 E. County Hwy Y  
Oshkosh, Wisconsin

## Lifest Youth Leader Survival Guide

Life Promotions is committed to making your Lifest experience as easy as possible, so the details don't get in the way of what God wants to do. In this packet, we will give you step by step, helpful hints to make planning for Lifest easier. There are things that may not be applicable to you, but be assured, there's still a lot of helpful information.

### STEP 1:

*Get Approval* for your trip. In some cases this may not be necessary, but consult your church leadership. Make sure that you have gone through all the right channels so your trip has the blessing of the congregation.

### STEP 2:

*Download Lifest promotional materials.* You can download promotional materials, flyers, posters, etc. from the Lifest website. Then unleash your creative powers and spread the word! Visit the "PROMOTE" page of [www.lifest.com](http://www.lifest.com) for these FREE downloads.

### STEP 3:

*Decide on a deadline!* As in years past, the earlier you order tickets, the less expensive they are. Camping also has a wider selection of campsite areas the earlier you order. Deciding when to order tickets and campsites will set the timeline for some of the other steps to follow. Remember that there are discounts for group orders of 10 or more. In addition, you can receive free tickets for larger orders. Visit [www.lifest.com](http://www.lifest.com) for all the ticket information.

### STEP 4:

*Find Leadership.* As soon as you have approval for the trip, start looking for other adult leaders. The key is to find people with a heart for youth. Organize a meeting to inform leaders of the specifics as soon as possible. You may choose to delegate specific areas to particular leaders. (Leader task descriptions are enclosed.) One leader may choose to take on multiple tasks.

### STEP 5:

*Get Release Forms.* Hand out any necessary forms, including permission release forms or medical release forms. You may want to come up with your own order form to give to students, along with a deadline for returning it to you. We have included a sample.

### STEP 6:

*Order Tickets and Campsites.* See "Money Collection/Ticket Ordering" Leader Task Description.

### STEP 7:

*Sign up for Youth Leaders Brunch.* There will be a Youth Leader's Only Hospitality area for you and your adult leadership team at Lifest. It includes specific seminars and workshops specifically for youth leaders, plus free resources and refreshments. Final details are being planned, but a brunch may take place on Saturday during Lifest and will be completely free! Watch the website for updates. We will need to know how many people are coming. Pre-register by the end of June and reserve your spot by signing up on-line at [www.lifest.com](http://www.lifest.com).

### STEP 8:

*Arrange transportation.* See "Transportation" Leader Task Description.

## STEP 9:

*Secure the Camping Equipment.* See "Camping" Leader Task Description.

## STEP 10:

*Plan Food Needs.* See "Food" Leader Task Description.

## STEP 11:

*Pack.* Instruct everyone to be at the church (or meeting point) one hour prior to departure so that all gear can be packed properly. The best way to pack is:

- In general... The stuff you need last goes in first.
- Pack personal items, sleeping bags, and luggage. These stay in the vehicle until all tents are set up.
- Next in will be the gear, camp stoves, utensils, etc. You will need these after the various shelters are set up.
- Next will be dining canopies etc.
- Next, tents and tarps.

Use a checklist to make sure you have everything you need. It would be a good idea to bring along a first aid kit. Have it handy, just in case there are any problems.

## STEP 12:

*Hit the Road!* Have a brief meeting with parents, students and adult leaders. Go over expectations, your group's rules and last-minute information for the trip. Some sample rules might include:

- Have a positive attitude.
- Encourage those around you, rather than putting them down.
- Do your part. When it's your turn to clean up camp, participate.
- Respect the adults in authority. They are here to help and guide you.
- Be back at the campsite at the designated times.
- Use the buddy system...don't go off by yourself!
- Stay on the festival grounds. Under no circumstance should you leave.
- Keep your hands, feet, ears, etc. to yourself....Absolutely no P.D.A (Public Displays of Affection). Put your hormones on hold this week. Stay out of the tents of the opposite sex at all times.
- No alcohol, illegal drugs, etc... The Lifest staff will personally escort you off the festival grounds.
- Bring appropriate clothing. Please do not wear indiscrete clothing or swimsuits. You may be asked to return to the campsite to change. **NOTE TO LEADERS:** *In recent years this has become an area of greater concern. Please clearly define with your students what the expectations are for dressing modestly ahead of time so they can pack accordingly.*

Distribute your cell number and any other emergency contact information to parents. If you are traveling in a caravan, make sure that each driver remembers to bring maps and knows where they are going. It is good to have cell phones or walkie-talkie's so everyone can communicate, not only on the road, but at Lifest.

## STEP 13:

*Set up.* Place a tarp under each tent. Place the tents on the ground and arrange them before staking them down. After tents are pitched, set up canopies and a common dining area. Then, allow everyone to make themselves at home – unpacking and setting up personal stuff. After that, gather the group for prayer, thanking God for getting you to Lifest. Have a meeting to discuss the schedule for the weekend, then **GO NUTS!**

We think we have covered just about everything but there are always those lasting questions that may not have been clearly answered, so we have enclosed a list of **FAQ's**.



## Leader Task Description

### Money Collection/Ticket Ordering:

#### Overall Task Description:

- Plan budget
- Collect money and permission slips from students
- Order online or call 800-955-5433

As soon as Lifest is presented to the youth group, announce that you will be the one collecting the money. Order tickets as soon as possible in order to get the best pricing. Be aware of the group deals with ticket orders, processing fees, and cut-off dates for different ticket prices, which can be found at [www.lifest.com](http://www.lifest.com). If a lot of kids in your group are going you may need to make multiple orders so that those who turn in their money early get to take advantage of the lower prices, but then the kids who turn their money in later will still get a chance to go.

It is up to your discretion whether to order tickets ahead of time and have the kids pay you back, or to wait until they give you the money to order tickets, but you should expect that some kids will decide to go at the last minute. We highly recommend that you get the money BEFORE ordering the tickets. Give multiple reminders including prices and deadlines for when money is due.

Many churches set aside some funds to offer scholarships to youth who cannot afford to go. If your youth group doesn't have a general fund to supplement the costs, you might want to encourage youth that have part-time jobs to bring in an extra \$5 or so to help cover for anyone who otherwise could not go. Fundraisers like car washes and bake sales are also great ideas. It may be five days, but Lifest makes an eternal difference to many every year, so try to help those who are unable to go.

You will also be in charge of any last minute or unexpected expenses on the way, or at Lifest, including parking costs if your vehicles do not fit on your campsites. (Note: If you're purchasing a campsite you can park your vehicle at the campsite. However, if you do not have room for your vehicle you will need to purchase an overnight parking pass for \$20 and park it in one of the designated lots.)

Remind students that they will be responsible for any purchases they wish to make at Lifest. There are dozens of food vendors, as well as merchandise vendors featuring artist t-shirts, CD's, jewelry, souvenirs and a host of other cool items. They will need to bring their own spending money.



## Leader Task Description

### Promotion:

#### Overall Task Description:

- Promote Lifest within your church, get the youth group excited
- Create sign-up sheets, copy and distribute flyers, hang posters
- Promote Lifest in your community
- Visit the "PROMOTE" page of [www.lifest.com](http://www.lifest.com)

If your group has never been to Lifest before, prepare a presentation that explains what it is. Set aside some time at your regular youth group meeting to give this presentation. Hand out flyers, show the website, promotional video, and play songs by artists appearing at Lifest. Follow up with a Q&A.

Make the necessary changes to the sample handout we have so that it contains the specific information for your group. At this time also handout the permission release forms. Inform the students when the money and permission release forms are due, and continue to remind them as often as possible until you get these items.

If possible, find someone in your area who has been to Lifest to talk about what it is like and to field questions. Whether the students have been to Lifest or not, challenge them all to bring a friend, particularly a friend who might not attend church. Lifest is a perfect opportunity for students to hear the Gospel in a culturally relevant way... in fact, Lifest may be the only opportunity your students' friends have to hear the Gospel. Send home extra Lifest info with the students to hand out to friends.

Create a sign-up sheet or a sign-up poster so you can get a general idea about how many people plan to go. Hang posters in high-visible areas around your church. The flyers can be used as bulletin inserts or can be distributed from your information center. Make as many copies as you need of the one-color flyer.

You may have relationships with other youth groups in your community or desire to develop stronger relationships. If this is the case, Lifest is an opportunity to combine efforts, as part of the purpose of the event is to create unity among Christian churches and denominations.

You can customize the press releases available on-line to include information about your youth group and those who will be attending Lifest, and distribute them to your local newspapers and media outlets.



## Leader Task Description

### Camping:

#### Overall Task Description:

- Plan for and gather camping supplies
- Make sure camping equipment is in working order and fits within the campsites ordered
- Organize groups to assemble tents, etc. once at Lifest

Decide with your group what kind of campsites you want to have: electric or primitive. Electric can have 10 people maximum and primitive sites can have 5 people maximum. Estimate the number of campsites you will need and make sure to have enough room for any late comers. Trying to add another campsite onto your original campsites later will most likely not be possible since the campsites around your area will already be sold by then. We recommend purchasing extra campsites for however many people you think will decide to go at the last minute. If you don't end up having enough campers for the campsites you can always use them for parking vehicles or eating areas, or just spread out and enjoy the extra room.

Calculate the campsite cost for each individual and report to the person who will be ordering tickets so they can order the campsites at the same time. Make sure youth know how much it costs for camping, and that their money should be turned into the adult designated to collect money. All should understand that males go in separate tents from females.

Make a list and gather camping supplies including tents (*manufacturers overestimate the number of people who can fit in a tent, always subtract one from the number they say the tent can hold.* tarps (*to put over stuff in rain, to sit on, etc.*), dining canopies, Coleman stoves and grills, pots, pans, and cooking utensils (*the leader in charge of food will bring individual utensils*). NOTE: You cannot have an open fire pit on the grounds.

When the students sign-up to go to Lifest, have them also list what camping supplies they can bring so you know what you have to work with. For supplies that the students don't have, borrow from the congregation, see if they can be donated, or even purchase supplies that will be used again by your youth group.

Gather supplies at least two or three weeks before Lifest so any last minute adjustments can be made and that you can make sure all supplies are intact. Furthermore, we highly recommend drawing out the square footage of your campsites and setting up tents beforehand to get a feel for how much space you will have. Make sure that you put together a first aid kit, as well. It should include bandages, antibacterial cream, etc...

Encourage your group to participate in daily campsite prayer and devotionals. Daily devotionals will be included in your event program when you arrive. Schedule a time each day to gather as a group to see how everyone's doing and to encourage each other.

*(Note: If you're purchasing a campsite, you can park your vehicle at the campsite. However, if you do not have room for your vehicle you will need to purchase an overnight parking pass for \$20 and park it in one of the designated lots on the grounds.)*



## Leader Task Description

### Transportation:

#### Overall Task Description:

- Organize vehicles and drivers for the trip to and from Lifest
- Map out directions
- Coordinate communication between vehicles

Estimate how many people are in your group and how much space they will take up. Secure buses or vans to take your group to and from Lifest at least three weeks before you leave. Check with others in the congregation who may be willing to let you use their vehicle. If applicable, calculate the costs of renting the vehicles, gas and parking, and divide this amount by the number of people who plan to attend. Map out your route to Oshkosh. (It is our recommendation that you do not rely solely on programs like MapQuest, as sometimes the information is inaccurate.) Our web site has directions and a link to the Wisconsin Dept. of Transportation to inform you of any road construction or detours.

Make sure that each driver has a copy of the directions. Secure a form of communication between vehicles for the day of the trip if you are caravanning, such as cell phones or a walkie-talkie in each vehicle. This will help if any of the vehicles get separated or need to stop. Make sure vehicles are cleaned out, gassed up, and ready to go the morning your group is leaving. Make sure luggage and other items are packed into vehicles in a systematic way that will make things easy when you get to camp. It is best to limit everyone to one bag each.

If possible plan how many stops (food, bathroom, gas) you will need to make on the way to and from Lifest and where you will be stopping. Make sure you allow time for these stops.

Plan where your vehicles will be parked. How many will fit in your campsites? How many will you have to park in the parking lot?

Be sure, if you're camping, to enter the grounds through the Camping Gate! You can find all the camping information, guidelines and rules on our web site at [www.lifest.com](http://www.lifest.com).

Upon arrival, scope out the area. Plan and inform each person where to meet in the event they are separated from the group. Also plan a time and location to meet at the end of Lifest.

*(Note: If you're purchasing a campsite you can park your vehicle at the campsite. However, if you do not have room for your vehicle you will need to purchase an overnight parking pass for \$20 and park it in one of the designated lots on the grounds.)*



## Leader Task Description

### **Food:**

#### **Overall Task Description:**

- Plan for meals and purchase necessary food items

Decide with adult leaders and kids how many group meals you will have. Determine which meals the students will need to provide on their own and which you will provide as a group. We recommend providing breakfast and one other meal to your group and letting them be on their own for the other meal and snacks. They will need to bring along some spending money if they choose to purchase food from one of the many vendors.

Decide a menu with adults and kids, and make sure it is feasible to be made on a campsite for a lot of people. You could either make and freeze food before hand, or put something easy together at the camp. Try to make it somewhat nutritious since four days of junk-food combined with teenagers is not a good combination! Find out if any of the students have food allergies. Also, see what food the students are willing to bring. You could assign each tent to bring a different type of food (bread, fruit, etc...). This will help cut down on food costs for everyone.

Estimate how much the food will cost per person. Have all non-perishable items purchased two weeks ahead of time. All perishable foods should be purchased a few days before you leave. You should also pick up all plates, napkins, trash bags, cups, and utensils.

Arrange to have coolers for your perishable food items. Let the person who is arranging transportation know how many coolers you'll be bringing so they can make sure there's enough room. Ice is available on the Lifest grounds. Also, several gas stations and grocery stores are within a five minute drive of the event grounds.



## Optional Leader Task Descriptions

### Daily Devotions:

#### Overall Task Description:

- Organize group times with sharing, devotions, etc.

We recommend a designated time for your group to get together each day at Lifest. This time will be a good time to build community and determine where your students are at spiritually. Before you go, pray about what God wants you and your youth group to learn. Perhaps there is a theme that could be covered over the four days.

Lifest provides daily devotionals inside the printed event program you will receive when you arrive. Use them as a launching point for discussion. Or you may choose to provide your own devotions as well.

Have the students share their experiences of the day and what God has been showing them. Ask the kids for prayer requests and then wrap it up with prayer. This doesn't need to be more than fifteen minutes long, but it will provide an invaluable time of connection with your students.

### Community Service:

#### Overall Task Description:

- Organize community service project at Lifest

Talk to your youth group to see if they want to be involved in community service at Lifest by volunteering to help run the festival! *(Which will get volunteers discounted tickets—a good option if your kids can't meet the full price of the event).*

Sign up to volunteer for Lifest online at [www.lifest.com](http://www.lifest.com) as soon as you are able. Your entire group doesn't have to volunteer. However, if there are some from your group volunteering, make sure their volunteer schedule doesn't conflict with the times the rest of your group is planning on leaving or other plans you have made.



## Lifest Adult Leader Guidelines

This section provides tips and guidelines for adult leaders going to Lifest, feel free to make additions and/or changes specific to your group.

1. Assume total responsibility for our entire group, not just kids assigned especially to you.
2. Handle discipline problems yourself. You have the right and the authority. Don't bring them all to the person in charge. If it is a major problem then let them know, but if it's an attitude problem (or something you can handle), then take care of it yourself. If it is persistent, then use your judgment.
3. Keep a close watch for bad influences from within our group or from someone from another group.
4. Use meeting times to get some feedback and to remind kids of the guidelines.
5. Know the guidelines well yourself so you know what is right or wrong.
6. Set a good example by what you do.
  - Have devotions at your campsite every morning
  - Get up on time
  - Be positive, even in not so good situations
  - Go the extra mile
  - Be there to make sure everyone else is having a good time
  - Use encouraging words-in fact, go out of your way to say something good!
  - Be a friend to 'loners'
  - Dress modestly
7. What good is Lifest if we all have a blast but we fail to grow closer to God? Find out where these kids are at and spur them on further in their relationship with Christ.
8. Also keep in mind that any relationships you build with your teens at Lifest can be carried on when you return to your home town.
9. Continually keep in mind our primary purpose for going to Lifest: To grow closer to God and to each other. This is what we really hope to accomplish by going. The purpose is not to entertain ourselves or our group!
10. Start praying now that God would work deeply in your own heart as well as those we will be taking with us.
11. Many groups require their students to attend at least one seminar each day, and require that they all meet up to listen to the keynote speakers. Encourage your youth to take in more than music.



## Frequently Asked Questions

### **Is seating provided or do we need to bring our own?**

For the most part, you are standing or sitting on the ground. Some stages have seating. Bring either a blanket, tarp, or lawn chair.

### **Do you know when the performers and speakers are scheduled?**

We will not have a detailed schedule until closer to the event. It will be published in the event program, and also on the website in advance at [www.lifest.com](http://www.lifest.com).

### **I'm in a band and would like to play at Lifest. What do I need to do?**

If you are interested in performing at Lifest please see [www.lifest.com](http://www.lifest.com) for how the process works.

### **Will there be showers available for campers?**

There are free shower facilities at the festival site for campers. However they are limited and you will probably wait in line. But please, don't let that keep you from bathing! Hot personal showers are available for a small fee as well.

### **Can I bring a pop-up or RV camper on my primitive site?**

You can bring whatever can fit within your campsite boundary. If your camper is longer than 16', you need to purchase another primitive site. See camping rules for details at [www.lifest.com](http://www.lifest.com).

### **Are pets allowed in the festival?**

No. Unless you have a registered service dog, there are no pets allowed.

### **Can we have camp fires on our camp sites?**

Yep! But they must be self-contained in a grill, not on the ground.

### **Are there grills on site or do we need to bring our own?**

No... you need to bring your own grill/ stove.

### **Do you have ice available on site?**

You can purchase ice and other necessities at our Lifest Store on the grounds.

### **Is there internet access at the grounds?**

Yes, the Cyber Café at Lifest has computers and you can purchase time to access the internet for a nominal fee.

### **Are there cash machines on site?**

Yes, there are ATM machines on the grounds.

### **Can we purchase food on site?**

Lifest has a variety of vendors, with a variety of prices. Yummy!

### **If there is one thing to bring to make the experience easier, what would it be?**

PLASTIC BAGS! They can be used for everything including trash, keeping stuff dry, ponchos, storing wet clothes, storing dirty shoes in the tent without getting the tent dirty, liners in shoes in case of rain, first aid supplies, food, matches.... the list goes on.

## Permission Release Form

Student Name \_\_\_\_\_

Phone # \_\_\_\_\_

Address \_\_\_\_\_

City and Zip \_\_\_\_\_

Birth date/Grade \_\_\_\_\_

I give permission for *(name of child)* \_\_\_\_\_ to join  
*(name of group)* \_\_\_\_\_ of *(name of church and location)* \_\_\_\_\_  
\_\_\_\_\_ at Lifest in Oshkosh, WI on *(dates)* \_\_\_\_\_.

I understand that the group will be traveling by *(type of transportation)* \_\_\_\_\_.

I hereby release \_\_\_\_\_ *(name of sponsoring church)*, Life! Promotions, Lifest, their staff and sponsors, from responsibility and liability for any injury or illness that my child may sustain during this activity. In the event of an emergency, I hereby authorize an adult leader of this activity, as agent for me, to consent to any X-ray examination; medical, dental or surgical diagnosis; treatment; and hospital care advised and supervised by a physician, surgeon or dentist (as appropriate) licensed to practice under the laws of the state where the services are rendered, either at a doctor's office or in any hospital. I expect to be contacted as soon as any emergency arises involving my child.

Signature of parent or legal guardian \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

Emergency phone number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

### MEDICAL INFORMATION

Allergies \_\_\_\_\_

Medications being taken \_\_\_\_\_

Physical handicaps or limitations \_\_\_\_\_

Medical insurance company \_\_\_\_\_

Policy Number \_\_\_\_\_

Member's name \_\_\_\_\_

# 2010 Lifest

**Where are we going?** Lifest, a Christian music festival held annually in Oshkosh, Wisconsin, draws more than 18,000 people daily from across the nation and around the world. More than 150 of the top Christian bands and speakers in the nation will be there on 6 stages! There's everything from light acoustic to heavy metal, plus everything in between. But Lifest is more than music... activities, 3 on 3 basketball, games, skate park, seminars, fellowship, and much more.

**When are we leaving?** We'll be leaving from \_\_\_\_\_ on \_\_\_\_\_, July \_\_\_\_\_. Meet there at \_\_\_\_\_. We'll have a brief meeting, pack the vehicles, and leave.

**When will we be home?** \_\_\_\_\_, July \_\_\_\_\_, at approximately \_\_\_\_\_.

**Why are we going to Lifest?** Our primary purpose is to grow in our relationship with God and in our relationships with each other. Oh yeah, and to have a ton of fun!

## **How are we setting up camp?**

When we get there NOBODY is free to run around and scope out the grounds until our ENTIRE camp is COMPLETELY set up! Do not leave when your particular tent is set up. We will work as a team and be dismissed to go to concerts after the work is finished.

## **THE LIFEST EXPERIENCE...**

### **Wednesday**

- Kick-off concerts and activities begin at approximately 5 pm. Concerts usually go until 2:00 pm.

### **Thursday, Friday and Saturday**

- Rise and shine, personal devotions, shower, breakfast, and camp clean up!
- 10:30 – 11:30 and 2:30 – 3:30 – Seminars
- 12 noon – 1 pm Lunch on your own or eat at camp when food is provided by group
- 4 – 6 pm Dinner, camp clean-up
- 6 pm- 2:00 a.m. Concerts

### **Sunday**

- Rise and shine, personal devotions, shower, breakfast, and pack up camp!
- 10 am Worship service
- 12 – 1 pm Lunch on your own or eat at camp when food is provided by group
- 1 pm. Meet back at camp, finish packing up, clean campsite and head home!

## **What's all this going to cost?**

### **Group expenditures**

Gas to and from \$\_\_\_\_\_

Food (*bought before hand by leaders*) \$\_\_\_\_\_

### **Individual Expenditures**

Ticket including handling fees(paid in advance) \$\_\_\_\_\_

Meals on your own, snacks, CD's, t-shirts, etc... \$\_\_\_\_\_

## Lifest (continued...)

### What should I bring to Lifest?

- |                                                                              |                                                                     |
|------------------------------------------------------------------------------|---------------------------------------------------------------------|
| <input type="checkbox"/> Sack Lunch for on the way there                     | <input type="checkbox"/> Allergy medicine ( <i>if you need it</i> ) |
| <input type="checkbox"/> Camera with film                                    | <input type="checkbox"/> Prescription medications                   |
| <input type="checkbox"/> Good attitude                                       | <input type="checkbox"/> Aspirin/Ibuprofin                          |
| <input type="checkbox"/> Tents and awnings                                   | <input type="checkbox"/> Toothpaste, brush...                       |
| <input type="checkbox"/> Pillow                                              | <input type="checkbox"/> Light Jacket                               |
| <input type="checkbox"/> Blankets                                            | <input type="checkbox"/> Frisbee/football                           |
| <input type="checkbox"/> Sleeping bag                                        | <input type="checkbox"/> Umbrella and rain gear                     |
| <input type="checkbox"/> Sun block                                           | <input type="checkbox"/> Sharpie ( <i>for artist autographs</i> )   |
| <input type="checkbox"/> 1 SUITCASE/ BAG ONLY!                               | <input type="checkbox"/> Spending money for food/souvenirs          |
| <input type="checkbox"/> Notebook and pen                                    | <input type="checkbox"/> Soap/Shampoo                               |
| <input type="checkbox"/> Six-pack of pop and cooler                          | <input type="checkbox"/> Bug spray                                  |
| <input type="checkbox"/> Flashlight                                          | <input type="checkbox"/> Deodorant ( <i>PLEASE!</i> )               |
| <input type="checkbox"/> Cotton or ear plugs                                 | <input type="checkbox"/> Sunglasses                                 |
| <input type="checkbox"/> Towel/wash cloth                                    | <input type="checkbox"/> This handout!                              |
| <input type="checkbox"/> Shorts - <i>not too short!</i>                      |                                                                     |
| <input type="checkbox"/> Good walking shoes                                  |                                                                     |
| <input type="checkbox"/> Swimsuit ( <i>no bikinis or Speedos please!</i> ) ☺ |                                                                     |
| <input type="checkbox"/> Bible ( <i>if you don't have one, see _____</i> )   |                                                                     |

### Rules for the trip:

- Have a positive attitude.
- Encourage those around you, rather than putting them down.
- Do your part. When it's your turn to clean up camp, participate.
- Respect the adults in authority. They are here to help and guide you.
- Be back at the campsite at the designated times.
- Use the buddy system...don't go off by yourself!
- Stay on the festival grounds. Under no circumstance should you be leaving.
- Keep your hands, feet, ears, etc. to yourself....Absolutely no P.D.A (Public Displays of Affection). Put your hormones on hold for this week. Stay out of the tents of the opposite sex at all times.
- No alcohol, illegal drugs, etc. (*A Lifest representative will personally escort you off the grounds.*)
- Understand that disrespecting those in authority and not respecting the rules will result in you being sent home. Your parents will not be happy when they have to come pick you up.
- Bring appropriate clothing. Please do not wear indiscrete clothing or swimsuits. You will be asked to return to the campsite to change.

### Also:

- Don't leave purses, money or valuables unattended anywhere. Lock it up in the vehicle.
- Don't break or damage anything. If you break it, you buy it!

### Daily Personal Devotions:

It would be useless to go to a Christian Festival and forget about your relationship with Christ! Don't get caught up in "Christian" activities and leave Christ in the dust for the next few days.

Take time to get to know God at Lifest. Lifest provides daily devotionals for your group inside the printed event program you'll receive when you arrive. Participate as a group. You may also want to have your own personal devotion time each day. Here is a suggestion for how you may want to spend that time with God.

- Talk to God (5 minutes)
- Let God talk to you, i.e. Scripture reading (5 minutes). What is God saying to you?
- Time for action (5 minutes). List two steps of action you will take TODAY to obey what God said to you.